



Lunch Menu

Health Fun Facts!

- Applesauce was the first food eaten in space.
- Pistachios aren't nuts—they are actually fruits.
- Broccoli contains more protein than steak!

Monday	Tuesday	Wednesday	Thursday	Friday
2 Milk and Condiments offered Daily	3	4	5	6
		No School Winter Break		
9 Nacho Kit Salsa Applesauce	10 Chicken and Cheese Quesadilla Corn Pineapple Cup	11 Baked Mac and Cheese Cucumber Slices Apple	12 Local Chicken Drumstick w Rice Broccoli Craisins	13 Nacho Boli BBQ Bean Salad Clementines
16 No School	17 Chicken Alfredo Pasta Green Beans Pineapple Cup	18 Bean and Cheese Tamale Red Pepper Strips Applesauce	19 Chicken Nuggets w Dinner Roll Seasoned Potatoes Pear	20 Cheese Pizza Mixed Green Salad Clementines
23 Penne and Meatballs w/Marinara Sauce Zucchini Apple	24 Crispy Chicken Sandwich Corn Pineapple Cup	25 Veggie Chili Mac Mixed Green Salad Applesauce	26 Toasted 3 Cheese Croissant w/ Tomato Soup Baby Carrots Craisins	27 Chicken and Vegetable Pot Stickers Edamame Clementines
30 Meatloaf w/Texas Toast Lemon Chickpea Salad Apple	31 Cheese Pizza Broccoli Pineapple Cup			