



DECEMBER

ELEMENTARY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
December 3, 2018	December 4, 2018	December 5, 2018	December 6, 2018	December 7, 2018
PIZZA DIPPERS ^ Marinara Dipping Sauce Green Beans Diced Pears Choice of Milk	CHICKEN TENDERS WITH POTATO WEDGES ^ Refried Beans Blended Fruit Juice BBQ Sauce Ketchup Choice of Milk	TURKEY & CHEESE SANDWICH ^ SunSet Sip Juice Fresh Baby Carrots Light Ranch Dressing Pineapple Tidbits Light Mayonnaise Choice of Milk	POPCORN CHICKEN ^ Mixed Vegetables Mixed Fruit Cup BBQ Sauce Choice of Milk	SALISBURY STEAK W/GRAVY Sliced Bread ^ (2) Mashed Potatoes Romaine Salad Light Ranch Dressing Fresh Fruit Choice of Milk
December 10, 2018	December 11, 2018	December 12, 2018	December 13, 2018	December 14, 2018
CHILI Mixed Vegetables Grape Juice Corn Muffin ^ Choice of Milk	CHEESE PIZZA ^ Green Beans Diced Peaches Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Corn Mixed Fruit Cup Mustard Ketchup Choice of Milk	HOLIDAY MEAL** CHICKEN ALFREDO PASTA ^ Romaine Salad Cucumber Coins Light Italian Dressing Fresh Fruit Chocolate Cookie ^ Choice of Milk	BAGEL DOG ^ Maple Baked Beans Fresh Baby Carrots Light Ranch Dressing Fresh Fruit Ketchup Mustard Choice of Milk
December 17, 2018	December 18, 2018	December 19, 2018	December 20, 2018	December 21, 2018
PENNE PASTA W/MEAT SAUCE ^ Green Beans Orange Juice Choice of Milk	Choice of Milk CHICKEN TACO Soft Tortilla ^ (2) Corn Applesauce Cup Tortilla Chips ^	PEPPERONI PIZZA ^ Romaine Salad Light Ranch Dressing Fresh Fruit Choice of Milk	HOT DOG W/ POTATO ROUNDS Hot Dog Bun ^ Maple Baked Beans Fresh Fruit Mustard Ketchup (2) Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mixed Vegetables Diced Peaches Chipotle Ranch Choice of Milk
December 24, 2018	December 25, 2018	December 26, 2018	December 27, 2018	December 28, 2018
HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
December 31, 2018	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
HOLIDAY BREAK				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.



	SALISBURY STEAK W/GRAVY	150	6	1	0	34	584	7	0	1	16	12	0	24	1	MMA:2oz
	Sliced Bread ^ (2)	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Mashed Potatoes	123	5	1	0	0	304	17	1	1	3	0	59	39	0	V:1/2c S
	Romaine Salad	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
12-10-2018	CHILI	179	3	0	0	17	858	24	5	7	13	38	2	45	2	MMA:2oz
	Mixed Vegetables	57	0	0	0	0	58	12	3	4	2	386	3	21	1	V:1/4c S V:1/4c RO
	Grape Juice	60	0	0	0	0	15	14	0	13	0	0	0	0	0	F:1/2c
	Corn Muffin ^	214	7	1	0	0	239	37	3	11	4	2	0	60	1	G/B:2sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	CHEESE PIZZA ^	308	11	5	0	23	724	34	2	3	17	69	0	416	2	MMA:1.5oz G/B:2sv WG V:1/4c RO
12-11-2018	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O
	Diced Peaches	62	0	0	0	0	6	15	1	13	2	18	2	4	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	CHARBROILED HAMBURGER	123	6	1	0	33	221	2	0	0	15	3	0	23	1	MMA:2oz
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
12-12-2018	Corn	112	1	0	0	0	0	26	2	4	4	0	0	5	0	V:3/4c S
	Mixed Fruit Cup	64	0	0	0	0	4	16	1	13	2	8	4	8	0	F:1/2c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	HOLIDAY MEAL**	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	CHICKEN ALFREDO PASTA ^	354	17	8	0	59	504	31	2	6	19	100	1	248	1	MMA:2oz G/B:1sv WG
12-13-2018	Romaine Salad	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Cucumber Coins	5	0	0	0	0	1	1	0	0	0	2	1	5	0	V:1/4c O
	Light Italian Dressing	10	0	0	0	0	170	2	0	2	0	0	0	0	0	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Chocolate Cookie ^	120	5	1	0	0	45	19	1	6	2	0	0	0	1	G/B:1sv WG

	Ketchup (2)	10	0	0	0	0	45	2	0	1	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
12-21-2018																
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Mixed Vegetables	94	0	0	0	0	84	20	4	6	4	386	3	27	1	V:1/4c RO V:1/2c S
	Diced Peaches	62	0	0	0	0	6	15	1	13	2	18	2	4	0	F:1/2c
	Chipotle Ranch	30	2	0	0	5	55	2	0	1	0	0	0	8	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
4																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
5																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
6																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
7																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
8																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
1																
	HOLIDAY BREAK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

Meal Contributions : M/MA = Meat/Meat Alternate F = Fruit V = Vegetable G/B = Grain/Bread W/G = Whole Grain
Vegetable Types : DG = Dark Green R/O = Red/Orange L = Legumes S = Starchy O = Other

